

Resources for Survivors of Domestic Violence and Sexual Assault

### Finding Kind

By: Lindsay Olsen; Campus Advocate

Over the last few months I have been working alongside The Zone After-school Program as well as Mark Claussen from the JOOI group to bring the Kind Campaign to Norfolk. The Kind Campaign is a nationally recognized nonprofit organization that brings awareness and healing to the negative and lasting effects of girl-against-girl bullying through their global movement, documentary film, in-school assemblies, and educational curriculum. The Kind Campaign started because two girls, who had been relentlessly bullied through out high school and college, decided to travel across the US to document how others perceive girl-against-girl bullying. Through this road trip the Kind Campaign documentary was formed. On October 27<sup>th</sup> we were able to show this documentary to 40 girls who are ready to take a stand against bullying. We had a great day sharing the message of the Kind Campaign with these girls and making an impact on the lives of each and every one of them.



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- Cathy Wells
- Kelli Lowe, Emeritus Status
- Matt Blitch, United Way Liaison

# Volunteer Spotlight

This group of very dedicated individuals have been volunteering at Bright Horizons for quite awhile, some for almost 9 years! They have been a tremendous help to our agency donating a combined total of roughly 1,025 hours! Tiffany Goetz, Mike Schmitz, Dana Nielsen, Brian Toma, Sorina Anderson, and their support staff Dawn Meyer, have assisted our agency with a wide variety of tasks over the years including clerical assistance, organizing donations, and cleaning. They always seem to make the day a little brighter when they are around! They have helped keep things running smoothly and we truly don't think our agency would be what it is today without them! Thank you for all you do!



Mike Schmitz, Sorina Anderson, Dana Nielsen

*Be part of something bigger than yourself.  
- Joseph Campbell*

## Campus Safety Awareness Month

By: Lindsay Olsen; Campus Advocate

September is National Campus Safety Awareness Month! This last September I was able to attend multiple student activities where I introduced myself to students who attend college at Northeast, I talked about our services and the different resources that are available on campus. I also hosted several booths around campus where I distributed various safety tools to students who stopped by to chat. I provided them with phone numbers to the campus security, the local police department, and the Bright Horizons crisis line. I was also able to share different safety facts and tips with students through the Northeast Community College Student Activity Council Facebook page. The month was filled with outreach about campus safety and fun activities at the college!



### Education Available

**Bright Horizons offers education on bullying, dating violence, healthy relationships, domestic violence, stalking, and sexual assault. We offer education for all ages, including schools, youth groups, and other organizations. If you are interested in having a speaker, please call the Norfolk, O'Neill, or Ainsworth office.**

## PATCH Health Fair 2017

By: Christy Lee; Program Director

Again this year Bright Horizons was excited for the opportunity to have a booth at Norfolk's annual Patch Health Fair. What a wonderful event that raises awareness on the importance of healthy lifestyles for people of all ages. This year's theme was "Stay In The Game...Know Your Stats". In 2016 Bright Horizons answered 4,390 crisis calls, provided 4,342 shelter nights, services to 5,201 individuals and assisted with 103 protection orders. In addition to injuries sustained during violent episodes, survivors of domestic violence suffer a wide variety of health concerns. Some examples are organ and bone damage, exacerbation of chronic illness, arthritis, chronic back or neck pain, migraines, stomach ulcers, vision and hearing problems in addition to being more susceptible to depression, post-traumatic stress disorder and sleeping and eating disorders. Our "Stats" speak to the urgent need for all of us to come together in the fight against domestic violence and ensure everyone is able to live a healthy and violence free life.



## 10th Annual Women's Wellness Event

By: Amanda Wallace; O'Neill Program Director

On September 28<sup>th</sup>, 2017, the 10<sup>th</sup> Annual Women's Wellness Event was held at O'Neill Community Center. The evening was a huge success with over 200 guests coming to shop, eat, visit and learn more about Bright Horizons and the services that we provide! The large banquet room held 45 vendor booths with products and services ranging from health supplements to homemade crafts. There was something for everyone. Bright Horizons staff took the opportunity to kick-off October Domestic Violence Awareness Month by displaying our Silent Witnesses and handing out purple ribbons. Our staff asked vendors and guests to take part in wearing purple ribbons and pose for photos. This annual event is an opportunity for Bright Horizons to raise awareness of the services that we provide. It is also an opportunity to support small business owners, many of whom are women, who have homebased businesses and are working to support their families.



## Diaper Drive 2017

By: *Jamie Drahota; Fiscal Manager*

The last seven years during the month of September we, at Bright Horizons, have held a diaper drive. This year our communities helped us raise 5,104 diapers. Our diaper drive was another great success! The donations of diapers are greatly appreciated, and help many children who are affected by domestic violence and sexual assault. Our staff truly appreciates all of the continued support, as this makes it possible for us to continue to serve victims of domestic violence and sexual assault. Again, thank you for your support and generosity.



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## Clothesline Project

By: *Jamie Drahota; Fiscal Manager*

The clothesline was hung on display during October. This project is a visual display that bears witness to the violence against women. During the public display, a clothesline is hung with shirts. Each shirt is decorated to represent a particular women's experience, by the survivor herself or by someone who cares about her. We would like to thank the places the clothesline project was displayed at:

**Faith Regional Health Services**

**Madison Public Library**

**Norfolk Public Library**

**Norfolk Senior High School**

**Northeast Community College Student Center**

**Pierce County Courthouse**

**Plainview Area Churches**

**Stanton Public Library**

**“THANK YOU”**



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Help us save some trees and cut some cost by signing up for the newsletter by email! Please contact Emily at [emily@brighthorizonsne.org](mailto:emily@brighthorizonsne.org) to add your name to the email list!



# Domestic Violence Awareness Month 2017

By: Tori Thramer O'Neill Outreach Coordinator & Emily Putters Norfolk Outreach Coordinator

October is Domestic Violence Awareness Month (DVAM) and the three offices have been busy shining a light on the topic. You might have noticed purple ribbons everywhere, they were hard to miss! The Norfolk office lined downtown Norfolk Avenue with purple ribbons and yard signs with statistics on domestic violence. The Village Floral Shop helped decorate our lamp posts downtown with beautiful purple bows and Big Red Printing helped make our yard signs stand out! October 26th, the Norfolk office also held a ribbon tying event called "Raising Awareness On The Go!" We set up in the Bank of the West parking lot and cars drove through to get ribbons tied to their antennas or painted on their windows. Our O'Neill office, along with the added help of the late Jenny Sorrells family, were busy at work the first week of October "painting the town purple." Sunrise Floral was generous and donated 40 ribbons that were hung on the light poles of main street O'Neill. On top of the ribbons being hung, we went around to the businesses in town and asked if they would be interested in having a purple ribbon painted on their business window. We had an outstanding 74 businesses participate in the painting! Along with "painting the town purple," we asked people to wear purple on Thursday October 5th and submit a picture to our Facebook page. Again, it was wonderful seeing the support our communities showed for DVAM. The Ainsworth office also participated in "painting the town purple." Twenty ribbons were graciously made by Ainsworth Floral and Gift and then hung, adding a nice touch to the light poles along main street. The Ainsworth area Bright Horizons asked people to show their support for Domestic Violence Awareness Month by wearing purple on October 19th, which was National Purple Thursday. The more awareness we can bring to this issue, the more impact we have on helping survivors and preventing it. #PURPLEOUTDV #DVAM2017 #PURPLETHURSDAY



## No More Conference

By: Kristy Beard; Ainsworth Program Director

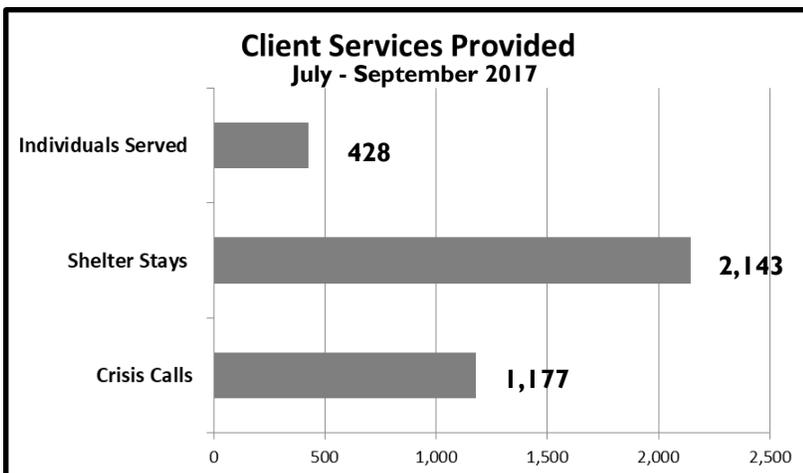
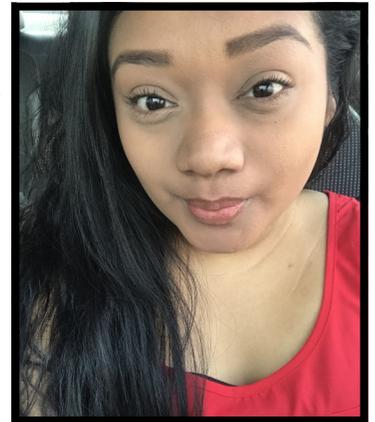
On September 19<sup>th</sup> Linda Olson, Tracy Baker, Tori Thramer, and Kristy Beard attended the Nebraska Coalition sponsored event *Creating Time and Space Movement Building* in Lincoln at the Nebraska Innovation Campus. This was a day dedicated to the advocates of Nebraska as we participated in Movement Building and attended breakout sessions. This was a great day of being able to connect with advocates from around the state and to be able to brainstorm different ideas of how we do our work in our own communities, and improve the services that we provide to others. September 20-21<sup>st</sup> we then attended the *No More Crimes of Power and Control Conference* sponsored by the Nebraska Coalition and the Nebraska State Patrol. This conference was amazing and was attended by more than 260 people from across Nebraska that included: law enforcement, advocates, mental health professionals, military, and correctional services personnel. This year's conference included a strong focus on addressing racism and other forms of oppression in the work that we do every day. Two keynote speakers whom I enjoyed and learned new and interesting material from included: Nubia Pena who discussed the school to prison pipeline, and Bryan Franke who discussed Technology and Stalking. Tori Thramer stated "The conference was a great learning experience. It had several excellent speakers covering difficult, yet important topics." During the conference we also were able to attend the Annual Advocacy Awards and Fabulous Forty Reception which was a great time of celebrating the Nebraska Coalitions 40th Anniversary and seeing this year's deserving awards recipients and enjoy a silent auction and amazing food!



## Meet Our New Staff!

By: Yajaira Gonzalez; Bilingual Advocate

Hi, my name is Yajaira Gonzalez and I'm the new Bilingual Advocate for Bright Horizons. I am the mother of 3 amazing kids; my oldest son Francisco, is 8, my daughter Esmeralda, is 7, and my youngest daughter Laylah, is 3 years old. Some of my favorite hobbies to do with the kids is to go fishing, walk around Skyview Lake, read books, and watch movies. I was born in Edinburg, Texas but raised in Norfolk, Nebraska. I have 3 brothers and 1 sister and I also have 3 nephews and 1 niece. We also have an outside cat named Mr. Whiskers who we love very much! I am very thankful for getting the amazing opportunity to work at this organization!



**NOTE:**  
These numbers are unduplicated. This means if we worked with a victim 6 times in one month, we only count him/her ONE time for that month.

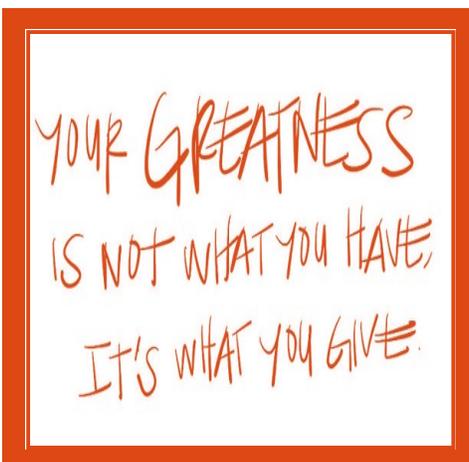
## Last Quarter Supporters of Bright Horizons

Betty Frank	Nola Sullivan	Modern Woodmen of America
Betty Maulding	Pamela Brunswick	Norfolk Middle School Aftershock Program
Carol Dubsky	Robert & Dienna Mortensen	Norfolk Transmission & Muffler
Carol Holtz	Steve Humberg	St. Jane Frances Quilters
Carol & Orlin Olson	Sue Hoke	St. John's Ladies Aid—Madison
Cyndi Kersh	Susan Cohee	St. Johns Lutheran Church—Norfolk
Dean Garvex	Taylor Kelly	St. Mary's Altar Society
Dennis Severa	Taylor Perry	St. Peter & Paul Catholic Church
Doris Bollwitt	Toby Kloppenborg	Stanton Ministerial Association
Doris Wilson	Tylynne Bauer	Tilden New 2V
Helen Gude	Wanda Anderson	Today's Homemaker's—Stanton
Jaden Moore	Cardinal Health	TransCanada
Janet Pfiefer	Episcopal Church—Basset	Trinity Lutheran Church—Madison
Jen & John Schlomer	First Christian Church—Norfolk	Trinity United Methodist Church Missions Team—Madison
Jen Timmerman	First United Methodist Church—Norfolk	United Methodist Church Women - Johnstown
Jean McIntosh	GFWC Clarkson's Women's Club	
Jill Olson	HyVee East—Norfolk	
Judy Hagan	Lindy's Sheer Creations	
Karen Larsen		
Kristina King		
Lorna Bogg		
Marian Roberg		
Nancy Naprstek		
Nicky Kettler		

*Thank You*

## Bright Horizons Shelter Wish List

Paper Good Supplies  
 Cleaning Supplies  
 Air Fresheners  
 Disinfectant Wipes/Spray  
 Dish/Laundry Soap  
 Fabric Softener  
 Trash Bags— All sizes  
 Light Bulbs 40-60 Watt  
 Hand Soap  
 Food Items  
 Bottled Water  
 Zip-Lock Bags/Tupperware



Bedding (Twin & Full)  
 Storage Totes  
 Ice Melt  
 Coffee, Filters, & Creamer  
 Gift Cards (Grocery, Gas, etc.)  
 Baby Care Items  
 Disposable Diapers  
 Baby Wipes  
 Baby Formula  
 Hygiene Products  
 Over The Counter Medications  
 First Aid Supplies

Bright Horizons  
Resources for Survivors of  
Domestic Violence and Sexual Assault

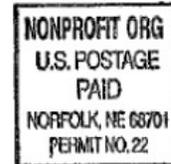
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Norfolk Office  
601 E Norfolk Ave  
Norfolk, NE 68701  
(402) 379-2026

O'Neill Office  
318 E. Douglas St.  
O'Neill, NE 68763  
(402) 336-1774

Ainsworth Office  
938 East Zero St  
PO Box 313  
Ainsworth, NE 69210  
(402) 382-5676

Crisis Line  
1-877-379-3798



[www.brighthousene.org](http://www.brighthousene.org)

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If you no longer want to be on Bright Horizons' newsletter mailing list, please contact Emily at 402-379-2026 or at [emily@brighthousene.org](mailto:emily@brighthousene.org)

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**Ask Us About Becoming a  
Volunteer!**

## Bright Horizons Services

- 24 Hour Crisis Line
  - Community Education
  - Individual Advocacy
  - Criminal Justice & Legal Advocacy
  - Emergency Shelter
  - Support Group
- 

**24 Hour Crisis Line 1-877-379-3798**

**Providing services to Antelope, Boyd, Holt, Knox, Madison, Pierce,  
Stanton, Brown, Rock, and Keya Paha counties.**

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## Upcoming Events:

**-National Hunger and Homelessness Awareness Week**

**-Adopt A Family**

**See our Flyers!**

**Don't forget to sign up to get the newsletter electronically by emailing [emily@brighthousene.org](mailto:emily@brighthousene.org)!**

**Also find us online and on Facebook!**